[How to Love Others](http://www.wikihow.com/Love-Others)

1. **Enlarge your understanding:**
   1. There different levels of love; you may say I love ice-cream or I love my family.
   2. You do not need to agree with someone to act with consideration. You do not need to be attracted to someone to demonstrate a loving attitude.
2. **Adjust the angle of your perspective:**
   1. It’s not about you, stop thinking selfishly.
   2. Look for the needs of others, and then do your part to meet their needs.
3. **Locate the source of Love:**
   1. Do you love something because it is a source of pleasure? Or do you love someone because you enjoy hi/ her company?
   2. Sympathy and compassion are foundations of love toward those living in difficult circumstances.
   3. Love may start as being thankful for the blessings you have received and your desire to share those blessings. Faith and spiritual devotion are powerful sources of [selfless](http://www.wikihow.com/Be-Selfless) love.
4. **Express your Love:**
   1. Find words and actions of love that are appropriate.
   2. Learn to speak words of blessing rather than criticism.
   3. Share your resources with a needy person. –Maybe you have a talent that someone else is weak at... Offer help.
   4. Participate in services at church.
   5. [Offer gifts](http://www.wikihow.com/Give-Gifts-Unconditionally) and [perform thoughtful deeds](http://www.wikihow.com/Help-Others) with no ulterior motivation.
5. [**Accept disappointment**](http://www.wikihow.com/Take-Disappointment)**:**
   1. Not everyone will return your love.
   2. This is not failure. It is not your goal to make the world love you, but for you to love the world.